

## Lighter Bites

### Manor West Atlantic Seafood Chowder €9.50

Chunks of fresh Atlantic seafood & root vegetables, cooked in a creamy velouté ( 4,5,6,8,9,11,14 )  
Served with Gluten Free Bread

### Homemade Soup of The Day ( 4,9,14 ) €7.95

Served with Gluten free bread

### Goat's Cheese Bruchetta €12.50

Mature goat's cheese, roasted vegetables on toasted gluten free bread, topped with balsamic dressed rocket leaves ( 4,9,11,14 )

### Traditional King Prawn Marie Rose €12.95

Lightly poached king prawns, served chilled on shredded lettuce in a cocktail glass, with Marie Rose sauce & lemon with a side of gluten free bread ( 4,5,6,9,11 )

### Manor West Toasted Special €12.95

Toasted ham, cheese, onion & tomato toastie, served with our house slaw & fries on toasted gluten free bread ( 4,7,11,14 )

### Classic Caesar Salad ( starter €12.50 main €14.50 )

Cos leaves, bacon lardons, tossed in Caesar dressing, topped with Parmesan shavings  
( 4,7,9,11,13,14 ) **add chicken +€4.50** ( 9 )

### Roasted Chickpea & Avocado Bruschetta €13.50

Crushed avocado & lime, roasted chickpeas, sundried tomato served on toasted gluten free bread, topped with dressed rocket leaves ( 9,11 )

### Open Smoked Salmon on Gluten Free Bread €14

McCarthy's oak smoked salmon, crushed avocado, red onion & capers on buttered gluten free bread with a side of house slaw, lemon & Marie Rose sauce ( 4,7,8,9,11,14 )

## Sides

### House Fries ( 14 ) €4.95

### Chunky Fries ( 14 ) €5.50

### Garlic Fries ( 4,7,9,11,13,14 ) €7

( topped with melted mozzarella )

### Chilli Beef Fries ( 4,9,13,14 ) €9

( topped with melted mozzarella )

### Side Salad ( 11 ) €4.50

### Mashed Potato ( 4,14 ) €4.50

### Vegetable Selection ( 4,14 ) €4.95

### Coleslaw ( 7,11,14 ) €3

### Gluten free Garlic Bread ( 1,4,7 ) €5.50

## Lunch Menu

### Main Course

### Mercantile 8oz Prime Irish Beef Burger €21.50

Flame grilled 8oz beef burger, topped with bacon, lettuce, tomato, red onion & melted smoked cheddar on a dressed gluten free bap with tomato relish, fries & house slaw  
( 4,7,9,11,13,14 )

### 6oz Sirloin Steak Sandwich €23.50

Prime Irish Sirloin Steak, selected & cut by our own in house butcher, cooked to your liking over our char grill, topped with sautéed onions & mushrooms, on toasted gluten free bread & a choice of pepper sauce or garlic butter, served with house slaw & fries  
( 4,7,9,11,14 )

### Cajun Chicken Fillet Burger €21.50

Marinated chicken fillet burger, crispy bacon & chilli mayonnaise, in a dressed gluten free bun with house slaw & fries ( 4,7,9,11,13,14 )

### Mercantile Vegetable Curry €17.50

Sautéed fresh market vegetables in a medium spiced curry sauce, served with rice  
( 4,9,11,12,13,14 ) **add chicken +€4** ( 9 )

### Mercantile Vegan Burger €20.50

'Beyond Meats' pea protein burger, served in a toasted gluten free bap with a sun-dried tomato vegan mayonnaise, served with a crisp salad & chunky fries ( 2,3,11,13,14 ) ( Vegan )

#### ALLERGEN GUIDE

2.Peanuts 3.Nuts 4.Milk 5.Crustaceans  
6.Mollusc 7.Eggs 8.Fish 9.Celery 10.Lupin 11.Mustard  
12.Sesame Seeds 13.Soya 14.Sulphar Dioxide

Our WiFi Code is  
**mwhguest**



# Lunch Menu