

STARTERS & SALADS

Soup of the Day €5.50

(Please ask your server for details)

Made with the freshest seasonal ingredients & served with freshly baked artisan bread (allergen depends on soup)

Manor West Atlantic Seafood Chowder €6.50

(4,5,6,8,9,11,14)

Chunks of fresh Atlantic seafood & root vegetables cooked in a creamy veloute & served with fresh baked soda bread

Roast Pear & Blue Cheese Salad

(3,3h,4,7,9,11,14)

Roasted conference pears drizzled in local Tralee honey, with seasonal leaves & blue cheese dressing, topped with affilia pea shoots & candied walnuts

Add Chicken €4 (9) Add Prawns €4.50 (5)

Classic Caesar Salad €10 (1a,4,7,9,11,14)

Always a favourite. Crispy cos lettuce, lardons of bacon, herb croutons & parmesan shavings, tossed in a Caesar dressing

Add Chicken €4 (9) Add Prawns €4.50 (5)

Warm Thai Beef Salad €15 (1,4,9,11,12,13,14)

Prime beef sirloin, chargrilled & finished in a spicy lemongrass, coriander, coconut reduction, served on a bed of seasonal leaves, topped with toasted sesame seeds & spring onion

SANDWICHES

Manor Toasted Special €10 (1a,4,7,11,13,14)

Toasted ham, cheese, onion & tomato toastie, served with house slaw, salad & fries

Mexican Chicken Wrap €10.50 (1a,,4,7,9,11,13,14)

Marinated chicken, roasted red peppers, red onion & melted mozzarella in a flour tortilla wrap.

Served with our homemade guacamole, chunky salsa, salad & fries

Turkey, Brie, Smoked Bacon & Cranberry Ciabatta €10.50 (1a,4,7,9,11,14)

Freshly carved turkey, streaky bacon, Brie & cranberry in a toasted ciabatta with house slaw, salad & fries

BBQ Pulled Pork Sandwich €12

(1a,4,7,11,13,14)

Our own house made slow cooked pulled pork, served on toasted sourdough with smoked cheddar and topped with dressed rocket. Served with house slaw, salad & fries

Build Your Own Sandwich €5

Ham, chicken, egg, tuna & salad on your choice of bread

SIDES

Coleslaw €2 (4,7,11)

House Fries €3.50 (1,3)

Sweet Potato Fries €4.50 (1,13)

Selection of Vegetables €3.50

Sautéed Onion and Mushroom €3.50 (4, 13)

Side Salad €3 (11,13,14)

ALLERGEN GUIDE

1.Cereal 1a.Wheat 1b. Rye 1c.Barley 1d.Oats 2.Peanuts 3.Nuts 3a.Almonds 3b.Brazil Nuts 3c.Cashews 3d.Hazelnuts 3e.Macadamia 3f.Pecan 3g.Pistachio 3h.Walnuts 4.Milk 5.Crustaceans 6.Mollusc 7.Eggs 8.Fish 9.Celery 10.Lupin 11.Mustard 12.Sesame Seeds 13.Soya 14.Sulphar Dioxide



MANOR WEST HOTEL



MERCANTILE BAR & BISTRO

LUNCH MENU

SERVED 12-5PM

MAIN COURSES

Traditional Fish & Chips €17.50 (1a,4,7,8,11,13,14)

Freshly battered Atlantic Cod, served with chunky chips, crisp seasonal salad, mushy peas & our own tartar sauce

6oz Sirloin Steak Sandwich €17.50 (1a,4,7,11,13,14)

Prime Irish Sirloin Steak, selected & cut by our own in house butcher,cooked to your liking over our flame grill with sautéed onions and a choice of pepper sauce or garlic butter

Manor West 8oz Beef Burger €16.50

(1a,,4,7,11,13,14)

Flamed grilled 8oz beef burger, crispy bacon, tomato relish & smoked cheddar served in a toasted brioche bun with salad, fries & house slaw

Golden Fried King Prawn Scampi €18 (1a,4,5,7,13,14)

Tempura battered king prawns, with a saffron & lime mayonnaise, served with fries, salad & house slaw

Chilli & Soya Chicken Stir Fry €15.50

(1a,4,9,11,13,14)

Stir fried marinated chicken, market vegetables & water chestnuts, finished with a local honey, soya & chilli reduction, served on a bed of saffron rice with naan bread

Peri Peri Chicken Burger €16 (1a,4,7,11,13,14)

Marinated chicken fillet, crispy bacon & avocado in a dressed brioche bun with black pepper mayonnaise, served with salad, fries & house slaw

Wild Mushroom Pasta €14 (1a,4,7,9,14)

Served with dressed rocket salad, garlic croute & Parmesan shavings

Add chicken €4 Add Prawns €4.50

Vegan Burger €15.50 (1a,,2,3,11,13,14)

A lightly spiced pea protein burger served in a toasted bap with red onions, cos lettuce, Asian slaw & sun dried tomato mayonnaise with crisp salad & sweet potato fries

LOADED FRIES

Garlic & Pesto Fries €5.50 (4,9,13,14)

Topped with melted mozzarella

House Made Slow Roasted Pulled Pork Fries €8

(4,9,13,14)

with BBQ sauce & smoked cheddar

Chilli Beef Fries €8 (4,9,13,14)

Topped with melted mozzarella

WE ARE PROUD THAT ALL OUR BEEF IS OF IRISH ORIGIN



Our WiFi code is mwhguest