

# BAR & BISTRO

AT MANOR

## SUNDAY LUNCH MENU (12–6pm)

Daily Lunch Specials served 12 – 4pm • Evening Menu served from 6pm

### STARTERS & SALADS

#### Soup of the day

Served with fresh breads.  
€4.95

#### Wild Atlantic Chowder

With brown soda bread.  
€6.15

#### Spicy Chicken Wings

With Jim Beam glaze.  
€8.50

#### Beer Battered Scampi

Served with a chilli and mango mayo.  
€10.25  
Main Course €16.40

#### Caesar Salad

Classic salad of cos lettuce, croutons,  
parmesan cheese, crispy bacon lardons.  
€8.20  
Add Cajun Chicken €11.25  
Add Prawns €12.30

#### Warm Thai Beef Salad

Spicy slivers of sirloin steak with carrot, butternut squash,  
tomato, red onion, rocket salad, ginger and soy dressing.  
€12.30

#### Beetroot and Goats Cheese Salad

Broccoli, beetroot, toasted pepitas,  
carrot and goats cheese,  
lime yoghurt dressing.  
€9.90

### MAIN COURSES

#### Beer Battered Fish and Chips

With minted peas and tartar sauce.  
€15.95

#### Omelette of your choice

Choice of three fillings from ham, mushrooms,  
tomato, scallions, onions, cheese.  
€13.50 Extra fillings 50 cent

#### 6oz Steak Sandwich

Served on ciabatta with sautéed onions  
and mushrooms, peppercorn sauce and fries.  
€17.45

#### Spaghetti Bolognese

Succulent beef in a rich tomato sauce,  
topped with parmesan cheese and served with garlic bread.  
€13.50

#### The Classic Burger

Prime Irish beef served with lettuce, cheddar cheese,  
red onion and tomato relish.  
€14.35

#### Open Omelette

with basil and goats cheese,  
slow roasted cherry tomato, rocket balsamic  
reduction and fries.  
€14.95

### SANDWICHES

#### Manor Special

Toasted ham, mature cheddar, onion, tomato.  
€5.65

#### Turkey Ciabatta

Roast turkey, cranberry sauce and melted brie cheese.  
€6.70

#### Vegetarian Overload

Vine tomato, buffalo mozzarella, rocket  
with fresh basil pesto.  
€7.15

#### Warm Cajun Chicken Wrap

Tomatoes, red onion, red pesto mayo and mozzarella.  
€6.80

#### BBQ Pulled Pork Ciabatta

With cucumber, red onion and smoked carrigaline cheese.  
€7.15

### HEALTHY CORNER

#### Kidney Bean, Quinoa and Kale Salad

with carrot, capsicum, chickpea, chia seed  
spinach, light lime and yoghurt dressing.  
€9.75

Add grilled chicken €12.85

#### Prawn, Red Chilli and Lime Penne Pasta

with courgettes, cherry tomatoes, green onions  
toasted pepitas, coriander and garlic croute.  
€13.90

### SIDE ORDERS

Coleslaw	€1.50
House Fries	€3.35
Sweet Potato Fries	€4.95
Selection of Vegetables	€3.50
Crispy Onion Rings	€3.50
Sautéed Onions and Mushrooms	€3.50

### TEAS & COFFEES

Pot of Tea for one	€2.35
Americano	€2.80
Cappuccino	€3.15
Latte	€3.15
Espresso	€2.80
Mocha	€3.30
Herbal tea	€2.85

Flavours for Coffees available.  
(mint, chocolate, vanilla, strawberry, hazelnut, caramel)  
€0.30 per shot



FREE WiFi (password: mwhguest)  
& Underground Parking



The food allergens used in the preparation of our food can be viewed in a separate folder at the counter. Please ask a member of staff if you need additional information on food allergens. Thank you

