

# BAR & BISTRO

AT MANOR

## SUNDAY EVENING MENU (6–9pm)

Selection of Craft Beers and Irish Gin available. Ask your server.

### STARTERS

#### Soup of the day

Served with fresh breads.  
€4.95

#### Wild Atlantic Chowder

With brown soda bread.  
€5.80

#### Spicy Chicken Wings

Served with a red pepper, chilli and coriander salsa.  
€8.50

#### Beer Battered Scampi

Served with a chilli and mango mayo.  
€9.95  
Main Course €16.95

#### Caesar Salad

Classic salad of cos lettuce, croutons, parmesan cheese, crispy bacon lardons.  
€7.95  
Add Cajun Chicken €10.95  
Add Prawns €11.95

#### Warm Beef Salad

Spicy slivers of sirloin steak with carrot, tomato, onion and mixed leaves tossed in sweet chilli dressing.  
€10.95

#### Farranfore Strawberry Salad

Crispy cured bacon, feta cheese, pinenuts, tossed in a sweet and tangy dressing.  
€9.60

### HEALTHY CORNER

#### Chickpea and Tomato Salad

With spring onion, carrot and a light basil vinaigrette.  
€7.95

#### Wok Fried Prawns

With noodles, red pepper and green onion, lime and garlic oil.  
€13.95

#### Warm Moroccan Style Chicken

Served with an orange, plum and couscous salad.  
€12.95

### MAIN COURSES

#### Beer Battered Fish and Chips

With minted peas and tartar sauce.  
€16.50

#### Omelette of your choice

Choice of three fillings from ham, mushrooms, tomato, scallions, onions, cheese.  
€13.50 Extra fillings 50 cent

#### Spaghetti Bolognaise

Succulent beef in a rich tomato sauce, topped with parmesan cheese and served with garlic bread.  
€11.95

#### Beef Stroganoff

Strips of beef steak in a creamy mushroom and smoked paprika sauce with steamed rice and sour cream.  
€16.95

#### Supreme of Chicken

With pan seared Clonakilty white pudding and chorizo bordelaise sauce.  
€16.25

#### Smoked Panchetta Pasta

Penna pasta tossed with spinach and mushrooms and a garlic cream sauce.  
€11.95

#### Vegetarian Curry

Stir fried vegetables in a creamy curry sauce, steamed rice and naan bread.  
€11.25

#### Pan Seared Salmon

Roasted peppers, green onion, sundried tomato, basil cream with creamed potatoes and vegetables.  
€18.50

#### Pan-fried Lemon Sole

Dill and caper butter with mashed potatoes and vegetables.  
€21.50

#### Chicken Curry

Wok-fried slivers of chicken in a creamy curry sauce, served on a bed of steamed rice with naan bread.  
€15.70

### STEAKS

Our steaks are 100% Irish Hereford grass-fed premium beef and traceable.

#### 10oz Sirloin Steak €25.95

Firm yet tender with a rich flavour.

#### 8oz Fillet Steak €27.95

The most tender steak.

#### 6oz Steak Sandwich

Served on ciabatta with sautéed onions and mushrooms, peppercorn sauce and fries.  
€16.95

All steaks are served with sautéed onions and mushrooms. Please choose from either fries, baked potato with sour cream, whipped mash or salad.

#### Choose your Sauce...

Pepper sauce, bordelaise sauce, garlic butter, or BBQ sauce

### BURGERS

#### The Classic

Prime Irish beef served with lettuce, cheddar cheese, tomato and mustard mayo.  
€14.95

#### The Smokestack

Topped with smoked bacon and smoked Carrigaline cheese.  
€16.50

#### The Chicken Fillet

Grilled cajun chicken breast with harissa mayonnaise.  
€14.95

#### The Humpty

Topped with a fried egg, bacon and sautéed onion.  
€16.50

### PIZZAS

#### Create your own Pizza

#### Choose three toppings from:

peppers, mushrooms, onions, ham, pepperoni, olives, pineapple, chicken, chillies, spinach or bacon. (each extra topping 50 cent)  
€15.50

### SIDE ORDERS

Coleslaw	€1.50
House Fries	€3.25
Sweet Potato Fries	€4.95
Selection of Vegetables	€3.50
Crispy Onion Rings	€3.50
Sautéed Onions and Mushrooms	€3.50
Potato Wedges	€3.50

### TEAS & COFFEES

Pot of Tea for one	€2.25
Americano	€2.70
Cappuccino	€2.95
Latte	€2.95
Espresso	€2.70
Mocha	€3.20
Herbal tea	€2.75

Flavours for Coffees available.  
(mint, chocolate, vanilla, strawberry, hazelnut, caramel)  
€0.25 per shot



**FREE WiFi** (password: mwhguest)  
& **Underground Parking**



The food allergens used in the preparation of our food can be viewed in a separate folder at the counter. Please ask a member of staff if you need additional information on food allergens. Thank you

