



MANOR WEST HOTEL



BREAKFAST TIME

RESIDENT BREAKFAST MENU

Good morning and welcome.

Our team will be delighted to serve you a choice of the following:

Juice

Orange, Apple, Cranberry or Grapefruit

Cereal

Corn Flakes (1a,1c) Rice Krispies (1c) Weetabix (1a,1c)

All Bran (1a) Museli (1a, 1d, 3a, 3d, 4) Coco Pops (1c)

Porridge

Served With Side of Cream or Honey

(1d, 4)

Fruit

Fresh Fruit Salad (14) Grapefruit Segments, Peaches

Yoghurt

Natural Yoghurt (4) Granola Pot (1d, 3a, 3d, 4)

Breads

Toasted White & Brown Bread, Soda Bread, Croissants,

Bacus Sourdough

(1a, 1d, 4, 7, 13)

Beverages

Barrys Tea / Matthew Algje Coffee / Herbal Tea

HOT BREAKFAST SELECTION

Full Irish Breakfast

(1a,1c,1d,4,7,11,13,14)

Sausages, Bacon, Black & White Pudding, Plum Tomato, Mushrooms

Choice of Fried, Poached or Scrambled Egg.

Mini Irish Breakfast

The same as above but smaller

Eggs Benedict

(1a, 4,7,13,14)

Poached Eggs, Nestled on a Slice of Tasty Gammon,

Served on Bacus Bread With Spinach & Hollandaise Sauce.

Manor West Omelette

(4,7,13)

Add Your Choice of Tomato, Ham or Cheese.

American Style Stacking Pancakes

(1a,3d,4,7,14)

Served With Nutella, Fruit Compote or Maple Syrup.

Vegetarian / Gluten Free

Selection of cereals, breads & above dishes can be adapted to suit your needs

ALLERGEN GUIDE

1.Cereal 1a.Wheat 1b. Rye 1c.Barley 1d.Oats 2.Peanuts 3.Nuts 3a.Almonds 3b.Brazil Nuts 3c.Cashews 3d.Hazelnuts
3e.Macadamia 3f.Pecan 3g.Pistachio.
3h.Walnuts 4.Milk 5.Crustaceans 6.Mollusc 7.Eggs 8.Fish 9.Celery 10.Lupin 11.Mustard 12.Sesame Seeds 13.Soya
14.Sulphar Dioxide