

MENU

STARTERS, SALADS & LIGHT BITES

Homemade Soup of the Day €5

Served with artisan bread (allergen will depend on soup)

Wild Atlantic Seafood Chowder €6

Served with brown bread (4, 5, 6, 8, 9,11,13, 14)

Pan Fried King Prawn Bruschetta €12

Seared in fresh herb butter with cherry tomatoes, salsa verdi & rocket on sourdough bread (1,4,5,13)

Garlic Scented Chicken & Chorizo Salad €14

Spring onion, coriander, baby spinach, garlic croutons, tossed in sweet chilli oil (1,11,13,14)

Chimichurri Beef Salad €14

Pan fried sirloin steak with avocado, tomato, red onion & green leaves with chimichurri dressing (13,14)

Classic Caesar Salad €10

Tossed cos lettuce, crispy bacon, herb croutons & parmesan shavings in a classic caesar dressing (1,4,7,11,13) (Add chicken €2) (Add prawns €3)

SANDWICHES

Manor West Toasted Special €9

Ham, mature cheddar, red onion & tomato (1,4,11,13,14)

Warm Cajun Chicken Wrap €10

Vine tomato, red onion, mozzarella cheese, bound with a red pesto mayo (1,4,9,11,13,14)

Spiced Pulled Beef and Smoked Cheese €11

On Bâcus Bloomer Bread, house slaw, vine tomatoes and baby leaves (1,4 ,11,13,14)

Chicken Tacos €13

Grilled chicken, served on a bed of bacon, lettuce, tomato slaw and ranch dressing (1,4,11,13,14)

All of the above are served with house salad & fries

Build Your Own Sandwich €5

Turkey, ham, chicken, egg, tuna on your choice of fresh bread

ALLERGEN GUIDE

1.Cereal 2.Peanuts 3.Nuts 4.Milk 5.Crustaceans 6.Mollusc
7.Eggs 8.Fish 9.Celery
10.Lupin 11.Mustard 12.Sesame Seeds 13.Soya 14.Sulphur Dioxide

MAIN COURSES

Traditional Fish and Chips €16

Beer battered fillet of cod, mushy peas, chunky fries & tarter sauce (1,4,7,8,11,13,14)

6oz Sirloin Steak Sandwich €17

On garlic ciabatta, sautéed onions & mushrooms, Irish whiskey and green peppercorn sauce, salad and fries (1,4,7,11,13,14)

8oz Prime Irish Beef Burger €16

Served with jalapeño relish, smoked cheese, crispy bacon on a toasted sourdough bun, salad & fries (1,4,7,11,13,14)

Golden Fried King Prawn Scampi €17

Tempura battered, with a coriander & lemon infused dip, seasonal greens & served with fries (1,4,5,7,13,14)

Szechaun Chicken Stir-fry €15

With egg noodles & Mediterranean vegetables, sesame seeds & spring onion (1,4,7,11,12,13,14)

Mixed Bean & Spiced Vegetable Crockpot €14

Giant couscous & rosemary scented nann bread (1,13,14) (Vegan Friendly)

Golden Fried Fillet of Chicken €15

Plum tomatoes, crispy lettuce, crushed avocado & garlic on a toasted Bâcus bun (1,4,7,11,13,14)

Wild Mushroom & Garlic Pasta Bake with Cheese Crust €14

Baby spinach, red pepper & parmesan shavings, courgette and chilli croute. (1,4,14) (Vegetarian Friendly)

SIDES

Coleslaw €2 (7,11)

House Fries €3.50 (1,13)

Homecut chips €4.50 (1,13)

Sweet Potato Fries €4.50 (1, 13)

Selection of Vegetables €3.50

Sautéed Onion €3.50 (4, 13)

Side Salad €3 (11,13,14)



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