

BAR & BISTRO

AT MANOR

Lunch served 12 – 6pm • Daily Lunch Specials served 12 – 3pm, check blackboard
Bistro menu served 6pm – 9pm, Monday to Saturday

STARTERS

Soup of the day
Served with fresh breads.
€4.95

Wild Atlantic Chowder
With brown soda bread.
€5.80

Spicy Chicken Wings
Served with a red pepper, chilli and coriander salsa.
€8.50

Beer Battered Scampi
Served with a chilli and mango mayo.
€8.95

Caesar Salad
Classic salad of cos lettuce, croutons,
parmesan cheese, crispy bacon lardons.
€6.95
Add warm Cajun Chicken €9.95
Add Prawns €10.95

Warm Beef Salad
Spicy slivers of sirloin steak with carrot, tomato, onion
and mixed leaves tossed in a sweet chilli dressing.
€10.95

Farranfore Strawberry Salad
Crispy cured bacon, feta cheese, pinenuts,
tossed in a sweet and tangy dressing.
€9.60

Cold Meat Salad
A selection of cold meats served with coleslaw,
couscous and mini salad.
€10.95

MAIN COURSES

Beer Battered Fish and Chips
With minted peas and tartar sauce.
€15.50

Omelette of your choice
Choice of three fillings from ham, mushrooms,
tomato, scallions, onions, cheese.
€13.50
(Extra fillings 50 cent)

6oz Steak Sandwich
Served on ciabatta with sautéed onions
and mushrooms, peppercorn sauce and fries.
€16.95

Chicken Stir-Fry
Ginger brushed chicken, wok fried vegetables
in a basil and red chilli glaze with steamed rice.
€13.60

Spaghetti Bolognese
Succulent beef in a rich tomato sauce,
topped with parmesan cheese and served with garlic bread.
€11.95

The Classic Burger
Prime Irish beef served with lettuce,
cheddar cheese, tomato and mustard mayo.
€12.95

Panzerotti Egg Pasta
With porcini mushrooms, sundried tomatoes,
coriander oil and garlic croute.
€11.50

Beer Battered Scampi
Served with a chilli and mango mayo and fries.
€15.95

SANDWICHES

Manor Special
Toasted ham, mature cheddar, onion, tomato.
€5.50

Turkey Ciabatta
Roast turkey, cranberry sauce and melted brie cheese.
€6.50

Vegetarian Overload
Vine tomato, buffalo mozzarella, rocket
with fresh basil pesto in ciabatta.
€6.95

BBQ Pulled Pork Wrap
With vine tomatoes, red onion and smoked Carrigaline cheese.
€6.95

Warm Cajun Chicken Wrap
Tomatoes, red onion, basil mayo and mozzarella.
€6.60

BLT
Crispy bacon, lettuce and tomato in ciabatta.
€6.25

Open Smoked Salmon
Open brown bread with capers, red onion and lemon aioli.
€8.95

Selection of Cold Sandwiches
Beef, chicken, turkey, egg, tuna, ham, salad.
Available on white, brown or gluten free.
€4.95

HEALTHY CORNER

Chickpea and Tomato Salad
With spring onion, carrot and a light basil vinaigrette.
€7.95

Wok Fried Prawns
With noodles, red pepper and green onion, lime and garlic oil.
€13.95

Warm Moroccan Style Chicken
Served with an orange, plum and couscous salad.
€12.95

SIDE ORDERS

Coleslaw	€1.50
House Fries	€3.25
Sweet Potato Fries	€4.95
Selection of Vegetables	€3.50
Crispy Onion Rings	€3.50
Sautéed Onions and Mushrooms	€3.50
Side Salad	€3.50

TEAS & COFFEES

Pot of Tea for one	€2.25
Americano	€2.70
Cappuccino	€2.95
Latte	€2.95
Espresso	€2.70
Mocha	€3.20
Herbal tea	€2.75

Flavours for Coffees available.
(mint, chocolate, vanilla, strawberry, hazelnut, caramel) €0.25 per shot

