

# BAR & BISTRO

AT MANOR

Lunch served 12 – 6pm • Daily Lunch Specials served 12 – 3pm, check blackboard  
Bistro menu served 6pm – 9pm, Monday to Saturday

## STARTERS & SALADS

**Soup of the day**  
Served with fresh breads.  
€4.95

**Wild Atlantic Chowder**  
With brown soda bread.  
€6.15

**Spicy Chicken Wings**  
With Jim Beam glaze  
€8.50

**Beer Battered Scampi**  
King prawns in a light tempura batter  
served with tossed salad leaves  
chilli and mango mayo.  
€10.25

**Caesar Salad**  
Classic salad of cos lettuce, croutons,  
parmesan cheese, crispy bacon lardons.  
€8.20  
*Add warm Cajun Chicken €11.25*  
*Add Prawns €12.30*

**Warm Thai Beef Salad**  
Spicy slivers of sirloin steak with carrot, butternut squash  
tomato, red onion, rocket salad, ginger and soy dressing.  
€12.30

**Beetroot and Goats Cheese Salad**  
Broccoli, beetroot, toasted pepitas,  
carrot and goats cheese,  
lime yoghurt dressing.  
€9.90

## MAIN COURSES

**Beer Battered Fish and Chips**  
With minted peas and tartar sauce.  
€15.95

**Omelette of your choice**  
Choice of three fillings from ham, mushrooms,  
tomato, scallions, onions, cheese.  
€13.50  
*(Extra fillings 50 cent)*

**6oz Steak Sandwich**  
Served on ciabatta with sautéed onions  
and mushrooms, peppercorn sauce and fries.  
€17.45

**Chicken Stir-Fry**  
Wokfried teriyaki and sambal olek scented chicken  
with carrot, green onion and mangetout.  
€13.95

**Spaghetti Bolognese**  
Succulent beef in a rich tomato sauce,  
topped with parmesan cheese and served with garlic bread.  
€13.50

**The Classic Burger**  
Prime Irish beef served with lettuce,  
cheddar cheese, red onion and tomato relish.  
€14.35

**Beer Battered Scampi**  
King prawns in a light tempura batter  
served with tossed salad leaves  
chilli and mango mayo.  
€16.40

**Open Omelette**  
with basil and goats cheese,  
slow roasted cherry tomato, rocket balsamic  
reduction and fries.  
€14.95

## SANDWICHES

**Manor Special**  
Toasted ham, mature cheddar, onion, tomato.  
€5.65

**Turkey Ciabatta**  
Roast turkey, cranberry sauce and melted brie cheese.  
€6.70

**Vegetarian Overload**  
Vine tomato, buffalo mozzarella, rocket  
with fresh basil pesto in ciabatta.  
€7.15

**BBQ Pulled Pork Ciabatta**  
With cucumber, red onion and smoked Carrigaline cheese.  
€7.15

**Warm Cajun Chicken Wrap**  
Tomatoes, red onion, red pesto mayo and mozzarella.  
€6.80

**BLT**  
Crispy bacon, lettuce and tomato in ciabatta.  
€6.45

**Grilled Cheese and Beef Sandwich**  
Roasted beef, red onion, tomato, Ballymaloe relish,  
wilted greens and melted cheddar.  
€8.20

**Selection of Cold Sandwiches**  
Beef, chicken, turkey, egg, tuna, ham, salad.  
*Available on white, brown or gluten free.*  
€4.95

## HEALTHY CORNER

**Kidney Bean, Quinoa and Kale Salad**  
with carrot, capsicum, chickpea, chia seed  
spinach, light lime and yoghurt dressing.  
€9.75  
*Add grilled chicken €12.85*

**Prawn, Red Chilli and Lime Penne Pasta**  
with courgettes, cherry tomatoes, green onions  
toasted pepitas, coriander and garlic croute.  
€13.90

## SIDE ORDERS

Coleslaw	€1.50
House Fries	€3.35
Sweet Potato Fries	€4.95
Selection of Vegetables	€3.50
Crispy Onion Rings	€3.50
Sautéed Onions and Mushrooms	€3.50
Side Salad	€3.50

## TEAS & COFFEES

Pot of Tea for one	€2.35
Americano	€2.80
Cappuccino	€3.20
Latte	€3.20
Espresso	€2.80
Mocha	€3.30
Herbal tea	€2.85

Flavours for Coffees available.  
*(mint, chocolate, vanilla, strawberry, hazelnut, caramel)* €0.30 per shot

