Served 6 - 9pm Monday to Saturday

BAR & BISTRO AT MANOR ———

STARTERS

Soup of the day

Served with rustic bread. €4.95

Wild Atlantic Chowder

Served with brown bread. €5.80

Smoked Salmon Rosettes

House slaw, capers, crisp mixed leaves and citrus aioli. €9.50

Baby Back Pork Ribs

With a Jim Beam glaze, sprinkled with Sesame Seeds. €9.50

Beer Battered Scampi

King prawns in a light tempura batter served with tossed salad leaves and a chilli and mango mayo.

€9.95

Spicy Chicken Wings

Mussels in White Wine Sauce

Fresh Cromane mussels cooked in white wine and garlic cream. €10.50

Warm Black Pudding and Blue Cheese Tartlet

Mixed leaves and pine nuts. €6.95

HEALTHY CORNER

Chickpea and Tomato Salad

With spring onion, carrot and a light basil vinaigrette. ${\in}7.95$

Wok Fried Prawns

With noodles, red pepper and green onion, lime and garlic oil. €13.95

Warm Moroccan Style Chicken

Served with an orange, plum and couscous salad. €12.95

SALADS

Farranfore Strawberry Salad

Crispy cured bacon, feta cheese, pine nuts, tossed in a sweet and tangy dressing. €9.60

Caesar Salad

Classic salad of cos lettuce, croutons, bacon, parmesan cheese and caesar dressing. €7.95

Add prawns: €11.95 Add cajun chicken: €10.95

Goats Cheese Salad

Glazed carrots, pomegranate, orange and cumin dressing. €9.95

Beef Salad

Slivers of warm chilli spiced beef with carrot, tomato, onion and mixed leaves. €10.95

SEAFOOD

Fish and Chips

Classic combo of fresh fish and chips in a light beer batter with minted garden peas and tartar sauce. €16.50

Beer Battered Scampi and Fries

King prawns in a light tempura batter served with tossed salad leaves and a chilli and mango mayo.

€16.95

Pan-seared Salmon

Roasted peppers, green onion, sundried tomato, basil cream with creamed potatoes and market vegetables. €18.50

Pan-fried Lemon Sole

Dill and caper butter with mashed potatoes and vegetables. €21.50

STEAKS

Our steaks are 100% Irish Hereford grass-fed premium beef and traceable.

6oz Steak Sandwich

Cooked to your liking with sautéed onions, mushrooms, fries and mixed leaves. €16.95

10oz Sirloin Steak €25.95

Firm yet tender with a rich flavour.

8oz Fillet Steak €27.95 The most tender steak.

8oz Rib Eye Steak €24.95

luicy steak cut from the prime rib.

All steaks are served with sautéed onions and mushrooms. Please choose from either fries, baked potato with sour cream, whipped mash or salad.

Make it a Surf'n'Turf with jumbo prawns €7.00

Choose your Sauce...

Pepper sauce, bordelaise sauce, garlic butter, or BBO sauce

Add Something Extra...

House Fries	€3.25
Baked Potato with Sour Cream	€3.00
Sweet Potato Fries	€4.95
Onion Rings	€3.50
House Salad	€3.50,
Market Vegetables	€3.50
Coleslaw	€1.50

PIZZAS

Create your own Pizza

Choose three toppings from: peppers, mushrooms, onions, ham, pepperoni, olives, pineapple, chicken, chillies, spinach or bacon. (each extra topping 50 cent) €15.50

BURGERS

Our burgers are handmade with prime Irish beef and simply seasoned to bring out the best of excellent quality meat.

The Classic

Prime Irish beef served with lettuce, cheddar cheese, tomato and mustard mayo. €14.95

The Smokestack

Topped with smoked bacon and smoked Carrigaline cheese. €16.50

The Humpty

Topped with Clonakilty black pudding, fried egg and sautéed onions. €16.50

The Chicken Fillet

Grilled cajun chicken breast with harissa mayonnaise. €14.95

BBQ Pulled Pork

Served in a bun with baby spinach and smoked cheese. €16.50

CHEF'S SPECIALS

Local Cider and Thyme Glazed Rack of Pork

Mustard and herb crust, sage and onion jus with mashed potatoes and vegetables €16.95

Beef Stroganoff

Strips of beef steak in a creamy mushroom and smoked paprika sauce with steamed rice and sour cream.

€16.95

Chicken Curry

Wok-fried slivers of chicken in a creamy curry sauce, served on a bed of steamed rice with naan bread. €15.70

Smoked Pancetta Pasta

Penne pasta tossed with spinach and mushrooms in a garlic cream sauce. €11.95

Supreme of Chicken

With pan-seared Clonakilty white pudding and chorizo bordelaise sauce. €16.25

Panfried Lamb Cutlets

Cooked to your liking on a bed of pea puree, rosemary jus lie, seasonal vegetables and potatoes. €18.95

VEGETARIAN

The Veggie Burger

Patty of chickpea, coriander and mixed vegetable served with fries and crisp lettuce, tomato and crispy onion ring.

€14.95

Panzerotti Egg Pasta

With porcini mushrooms, sundried tomatoes, coriander oil and garlic croute. €11.50

Vegetarian Curry

Stir fried vegatables in a creamy curry sauce, steamed rice and naan bread. €11.25











